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| Risk Assessment Number: 1 | Date of Assessment: 27/07/2020 | Additional Information Check sheet/Risk assessments required. Spring Gymnastics club : Covid 19. All classes. | | | | | | | | | | | | | | |
| Task / Work Activity / Work Area Assessed: Re-opening of gymnastics classes | Assessment Carried By: Heidi Palmer | | | | | | | | | | | | | | | |
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| | Worst Case Outcome | | | | | Likelihood | | | | | | Risk Rating Outcome X Likelihood | | | | |
| | 10 | 8 | 5 | 3 | 1 | | 10 | 8 | 5 | 2 | 1 | | High | Medium | Low | |
| | Fatalit y | Severe Injury | Lost time Injury | Minor Injury | No Injury | | Certain | Very likely | likel y | Unlik ely | Remot e | | 50-100 | 20-49 | 1-19 | |
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| Persons affected by the Activity | Identified Hazards | Control Measures Already in Place | Outcome | Likelihood | Risk Rating | Is further action required Yes/No |
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| All those in the gym. | <ul style="list-style-type: none"> People entering the gym who have had Covid-19 or have been in contact with someone who has, within the past two weeks. | <ul style="list-style-type: none"> Classes will only operate when following these procedures: Temperature taken on arrival using a thermometer (no touch). Any person with a temperature over 37.8c will not be allowed to enter the gym. Health questions asked if a person is showing any symptoms of Covid-19. Has anyone been in contact with a person who has symptoms of/or has Covid-19. Anyone with symptoms or been in contact with covid 19 will not be permitted entry into the gym under any circumstances. | 5 | 2 | Medium | The hazard is controlled as far as reasonably practical |

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| All those in the gym. | <ul style="list-style-type: none"> To minimise the risk of spreading covid 19 being spread by the failure of social distancing in the class. | <ul style="list-style-type: none"> Parents will not be permitted to view until the pandemic restrictions are lifted • We have implemented a one - way system for arrival and departures • Child must sanitise hands on arrival • Waits in line on red feet marked out 2 meters apart. Door will be open for added ventilation. Staff members wearing protective masks will be positioned by an open door for security purposes. Children arrive dressed in gymnastic clothing. Coat, shoes and drink permitted only. Children escorted in small bubbles using social distancing protocol . Children must sanitise their hands before entering the gym. Children sit 2 metre socially distanced on floor Children will remain in small bubble with their coach socially distancing at 1 metre+ Coaches will work in a ratio of 1 to 8 children per session. They will stay together in a bubble to minimise the spread of covid 19. We have worked within BG guidelines to ensure compliance | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |
| All those in the gym. | <ul style="list-style-type: none"> Anyone arriving at the gym with possible covid 19 symptoms or any other illness such as a cold, flu or even hay fever. These | <ul style="list-style-type: none"> Follow one - way system in car Child has temperature taken whilst in the car . Health questions asked. The parent, child or guardian will answer if symptom free the child enters the gym . A limited number of gymnasts will be allowed into the gym at any one time. | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |

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| | persons could spread the illness if given access to the gym. | | | | | |
| All those in the gym. | <ul style="list-style-type: none"> To minimise the risk of spread of covid 19 | <ul style="list-style-type: none"> Times of arrivals and departures will be staggered to minimise cross infection One - way system implemented | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |
| All those in the gym. | <ul style="list-style-type: none"> Parents collecting in groups by exit may promote spread of covid 19 | <ul style="list-style-type: none"> Parent stays in car park Parents collect children using 2 metre social distancing markers | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |

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| All those in the gym. | <ul style="list-style-type: none"> Equipment being contaminated during use hence spreading covid 19 | <ul style="list-style-type: none"> Equipment cleaned before use Children must sanitise hands before use Children must sanitise hands before moving to next piece. Equipment will be sanitised after use The gym equipment will be sanitised before the next class arrives Carpet floors to be vacuumed | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |
| All those in the Gym. | <ul style="list-style-type: none"> To minimise the risk of spread of covid 19 at end of session changeover | <ul style="list-style-type: none"> End of session Children collect shoes, coat and drink Using social distancing protocols (floor markers) children leave via back fire exit Children will be released to their parent in the alleyway | 5 | 1 | Medium | The hazard is controlled as far as reasonably practica |

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| All those in the gym. | <ul style="list-style-type: none"> • Covid 19 being spread from frequently touch items | <p>Cleaning of all high touch areas. Staff in appropriate PPE will clean, log and report as deemed necessary the following:</p> <ul style="list-style-type: none"> • Handrails • Door handles • Doors • Switches • Taps • Sinks • Toilet seats and flush handles • Toilet roll dispenser • Hand roll dispenser • Bins • Hand dryers • Sanitiser units • Lockers / storage boxes • Reception area desk • Computers • Telephones • Printers • Radios • Desks • Gym floor and carpet • Gymnastic equipment/mats/any shared pieces e.g the vault, beams etc • Tables and chairs • Shelving • Windows • Kitchen area • Tops • Cupboards • Kettle • Toaster | 5 | 1 | Medium | <p>Cleaning will be carried out after every session by dedicated cleaners as so far reasonably practical.</p> <p>Toilets will be cleaned after every use.</p> <p>Staff shift changes: all staff to clean their workstation and associated equipment when changing shift.</p> |
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| | | <ul style="list-style-type: none"> • Microwave • Fridge • Chairs • Lockers • First aid boxes | | | | |
| All those in the gym. | <ul style="list-style-type: none"> • Staff Toilets and Disabled toilets | <ul style="list-style-type: none"> • Will remain open with additional cleaning procedures in place • Toilets will be cleaned after each use | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |
| All those in the gym. | <ul style="list-style-type: none"> • To limit the spread of covid 19 including people who are A - symptomatic and do not display any symptoms but are capable of spreading illness | <ul style="list-style-type: none"> • Viewing area will remain closed • Parents will not be permitted to view until pandemic restrictions are lifted | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |

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| All those in the gym. | <ul style="list-style-type: none"> To minimise the risk of contracting covid 19 | <ul style="list-style-type: none"> Parents are reminded anyone at home deemed vulnerable should not attend sessions. Will not be permitted into the building if family members are self - isolating | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |
| All those in the gym. | <ul style="list-style-type: none"> Continued participation could spread the disease to others. | <ul style="list-style-type: none"> Parents are asked not to bring children to their classes if they are ill | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |
| All those in the gym. | <ul style="list-style-type: none"> Parents informed on new procedures <p>Vulnerable staff</p> <p>Minimise the spread of covid 19 if a first aid incident arises</p> | <ul style="list-style-type: none"> All parents/carers will be emailed prior to opening of the gym and informed on the new procedures that will be in place. We will ask parents to share the information with their children Our risk assessment will be available to read on our website All staff will have access to a copy of the RA Will remain on furlough and risk assessed before returning to work. Staff have been contacted and ask to report to a manager if they have an underlying health condition or in a vulnerable group or have been shielding during the pandemic or concerned about returning to work. In the event of an injury or illness a first aid trained member of staff dressed in protective clothing will assist the casualty. In the event of bodily fluids being split the area will be sectioned off | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |

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| | | and thoroughly cleaned. The hazard is controlled as far as is reasonably practicable The first aider will safely dispose of their clothing and sanitise their hands. A log will be recorded in the first aid book. | | | | |
| All those in the Gym. | <ul style="list-style-type: none"> To minimise the risk of contracting covid 19 | <ul style="list-style-type: none"> Some staff will remain on furlough Some staff may work from home One computer and one telephone will be in use solely for the reception. The equipment will be sanitised before and after use and at the end of the shift Two staff members will be permitted on the front desk using social distancing protocols. Computers, phones will be sanitised before and after use | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |
| All those in the gym. | <ul style="list-style-type: none"> Fire emergency Causing social distancing to be compromised . Potentially resulting in covid 19 being spread | <ul style="list-style-type: none"> Fire evacuation procedures will remain unchanged. Social distancing protocols will be maintained unless, we can see fire, smoke, light or feel heat Staff member to be positioned by fire exit at back door in case of evacuation Receptionist will monitor fire panel Fire assembly point in back car park If social distancing has been compromised those who have been involved will be segregated from those who evacuated maintaining social distancing. Screening by the ambulance service may be needed | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |

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| All those in the gym. | <ul style="list-style-type: none"> Coaches coming into close contact with the gymnast when supporting a gymnast | <ul style="list-style-type: none"> As per BG guidelines supporting a gymnast is to be avoided unless an accident is imminent. | 5 | 3 | High | The hazard is controlled as far as reasonably practical |
| All those in the Gym. | <ul style="list-style-type: none"> Failure of hand hygiene resulting in covid 19 spread | <ul style="list-style-type: none"> Hand sanitising will be enforced on entry, throughout the class and when leaving the building | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |

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| All those in the Gym. | <ul style="list-style-type: none"> It is foreseeable that a gymnast could report as covid 19 positive in the future. Continued participation could spread the disease to others. | <ul style="list-style-type: none"> Classes will be separated to ensure that in the event of a gymnast reporting covid 19 positive the “bubble” of the class can be contacted and informed that they must self isolate. All those affected will be excluded from the gym until their self isolation period is over. Registers and temperature check logs of all participants and staff members to be kept for 21 days to help in track and trace should the need arise, considering our GDPR policy. | 5 | 1 | Medium | The hazard is controlled as far as reasonably practical |
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Signed by:

Heidi Palmer

Date: 28/07/2020